

Diabetes Management Program Available through KPPFREE™

When it comes to diabetes, finding the right care can feel impossible. Many people are caught between cost, quality, and limited access to specialized treatment leading to a cycle of frustration and poor health. Diabetes affects your physical, emotional, and financial health. To help patients gain control over diabetes, Arti Thangudu, MD, and her team at HeyHealthy, take a lifestyle-focused approach to diabetes care aimed at preventing, treating, and reversing diabetes.

Welcome to a new way to treat diabetes

During this intensive 6-month program, you will receive:

Four 1-Hour Virtual Visits with Your Physician

Twelve Virtual Visits with Your Health Coach

How to Sign Up

Call your KCA for your Enrollment Link. Using the link, complete the information requested and submit.

Once you are approved for the program, you will receive a KPPFree™ Voucher.

Schedule your first virtual appointment with the Hey Healthy Team!

Start Your Journey the Hey Healthy Way Today...

Call your Kempton Care Advocates to Get Started.

A1c reduced by 2.1%

in patients with starting A1c greater than 6.5%

A1c reduced by 3.2%

in patients with starting A1c greater than 9%

Regulated blood sugar

Fewer ups and downs (correlates with lower cardiovascular risk)

85% lost weight

Percentage of patients who lost weight

Cholesterol goals met

Almost all patients reached cholesterol goal

Satisfied patients

Patients were satisfied with telemedicine