

# Advantage Health Plans Trust Select 500

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2018 – 12/31/2018

Coverage for: Individual, Individual + Family | Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.advantagehealthplans.com](http://www.advantagehealthplans.com) or by calling 1-800-521-1711.

| Important Questions                                       | Answers   | Why this Matters:   |
|---|---|---|
| What is the overall <u>deductible</u> ?                   | <b>\$500</b> individual/ <b>\$1,500</b> family (3 individual must be met). There is no separate deductible for out-of-network.  | You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .   |
| Are there other <u>deductibles</u> for specific services? | Yes. <b>\$100</b> for emergency room coverage. <b>\$300</b> for surgical procedures. There are no other specific <u>deductibles</u> .   | You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this plan begins to pay for these services.   |
| Is there an <u>out-of-pocket limit</u> on my expenses?    | Yes. <b>\$3,500</b> individual / <b>\$10,500</b> family (3 individual must be met). There is no separate out of pocket for out-of-network.  | The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.  |
| What is not included in the <u>out-of-pocket limit</u> ?  | Premiums, balance-billed charges, copayments, penalties for failure to obtain preauthorization, amounts in excess of the Reference Based Price for out-of-network, and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .  |
| Is there an overall annual limit on what the plan pays?   | No.   | The chart starting on page 2 describes <i>specific</i> coverage limits, such as limits on the number of office visits.  |
| Does this plan use a <u>network of providers</u> ?        | Yes. See <a href="http://www.advantagehealthplans.com">www.advantagehealthplans.com</a> or call 1-800-521-1711 for a list of Network providers.   | If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the term in-network, preferred, or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> . |
| Do I need a referral to see a <u>specialist</u> ?         | No. You don't need a referral to see a <u>specialist</u> .  | You can see the <u>specialist</u> you choose without permission from this plan.   |
| Are there services this plan doesn't cover?               | Yes.  | Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> .   |

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- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use **In-network providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

| Common Medical Event  | Services You May Need                            | Your Cost If You Use an In-network Provider  | Your Cost If You Use an Out-of-network Provider                 | Limitations & Exceptions  |
|---|--|--|---|---|
| If you visit a health care <u>provider's</u> office or clinic | Primary care visit to treat an injury or illness | \$15/visit   | \$15/visit  | Out-of-network charges are held to a percentage of Medicare.      |
|   | Specialist visit                                 | \$15/visit   | \$15/visit  | Out-of-network charges are held to a percentage of Medicare.      |
|   | Other practitioner office visit                  | \$15/visit   | \$15/visit  | Chiropractic is limited to 26 visits per year up to \$75 a visit. |
|   | Preventive care/screening/immunization           | No charge  | \$15/visit  | Out-of-network charges are held to a percentage of Medicare.      |
| If you have a test  | Diagnostic test (x-ray, blood work)              | Lab - 20% coinsurance; X-ray – Deductible, then 20% coinsurance. LabCard = No Charge | Lab - 20% coinsurance; X-ray – Deductible, then 20% coinsurance | Out-of-network charges are held to a percentage of Medicare.      |
|   | Imaging (CT/PET scans, MRIs)                     | Deductible, then 20% coinsurance; OneCall or KPPFREE = No Charge                     | Deductible, then 20% coinsurance                                | Out-of-network charges are held to a percentage of Medicare.      |

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|---|--|--|---|---|
| <p><b>If you need drugs to treat your illness or condition</b></p> <p>More information about <b>prescription drug coverage</b> is available at <a href="http://www.advantagehealthplans.com">www.advantagehealthplans.com</a></p> | Generic drugs                                  | \$10/prescription (34 days)<br>\$10/prescription (102 days retail or mail order) | Not Covered<br>( <u>Walgreens is out of network</u> )                           | Select OTC = No Charge  |
|   | Preferred brand drugs                          | \$45/prescription (34 days)<br>\$90/prescription (102 days retail or mail order) | Not Covered<br>( <u>Walgreens is out of network</u> )                           | You will pay the co-pay, PLUS the difference in cost between the generic and the brand name drug if generic is available. |
|   | Non-preferred brand drugs                      | 50% drug cost (retail or mail order)   | Not Covered<br>( <u>Walgreens is out of network</u> )                           | List of Therapeutic Alternatives available on our website.  |
|   | Specialty drugs                                | \$150/prescription (approved specialty vendor only)                              | Not Covered<br>( <u>Walgreens is out of network</u> )                           | Script Care Specialty Pharmacy 1-866-443-1991.  |
| <p><b>If you have outpatient surgery</b></p>  | Facility fee (e.g., ambulatory surgery center) | \$300/visit, Deductible, then 20% coinsurance; KPPFREE = No Charge               | \$300/visit, Deductible, then 20% coinsurance                                   | Out-of-network charges are held to a percentage of Medicare.  |
|   | Physician/surgeon fees                         | Deductible, then 20% coinsurance; KPPFREE = No Charge                            | Deductible, then 20% coinsurance  | Out-of-network charges are held to a percentage of Medicare.  |
| <p><b>If you need immediate medical attention</b></p>   | Emergency room services                        | \$100/visit, Deductible, then 20% coinsurance                                    | \$100/visit, Deductible, then 20% coinsurance                                   | Penalty is waived if admitted as an inpatient, accident, or life threatening.   |
|   | Emergency medical transportation               | Deductible, then 20% coinsurance   | Deductible, then 20% coinsurance  | Air ambulance is limited to 120% of Medicare allowable amount.  |
|   | Urgent care                                    | \$15/visit   | \$15/visit  | Out-of-network charges are held to a percentage of Medicare   |
| <p><b>If you have a hospital stay</b></p>   | Facility fee (e.g., hospital room)             | \$300/visit (if surgery), Deductible, then 20% coinsurance; KPPFREE = No Charge  | \$300/visit (if surgery), Deductible, then 20% coinsurance; KPPFREE = No Charge | Pre-authorization is required. Out-of-network charges are held to a percentage of Medicare                                |
|   | Physician/surgeon fee                          | Deductible, then 20% coinsurance; KPPFREE = No Charge                            | Deductible, then 20% coinsurance  | Out-of-network charges are held to a percentage of Medicare   |

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|---|--|--|--|--|
| <b>If you have mental health, behavioral health, or substance abuse needs</b> | Mental/Behavioral health outpatient services | \$15/visit or Deductible, then 20% coinsurance | \$15/visit or Deductible, then 20% coinsurance | Out-of-network charges are held to a percentage of Medicare.                               |
|   | Mental/Behavioral health inpatient services  | Deductible, then 20% coinsurance               | Deductible, then 20% coinsurance               | Pre-authorization is required. Out-of-network charges are held to a percentage of Medicare |
|   | Substance use disorder outpatient services   | \$15/visit or Deductible, then 20% coinsurance | \$15/visit or Deductible, then 20% coinsurance | Out-of-network charges are held to a percentage of Medicare                                |
|   | Substance use disorder inpatient services    | Deductible, then 20% coinsurance               | Deductible, then 20% coinsurance               | Pre-authorization is required. Out-of-network charges are held to a percentage of Medicare |
| <b>If you are pregnant</b>  | Prenatal and postnatal care                  | Deductible, then 20% coinsurance               | Deductible, then 20% coinsurance               | Out-of-network charges are held to a percentage of Medicare.                               |
|   | Delivery and all inpatient services          | \$300/visit, Deductible, then 20% coinsurance  | \$300/visit, Deductible, then 20% coinsurance  | Pre-authorization is required. Out-of-network charges are held to a percentage of Medicare |
| <b>If you need help recovering or have other special health needs</b>         | Home health care                             | Deductible, then 20% coinsurance               | Deductible, then 20% coinsurance               | Out-of-network charges are held to a percentage of Medicare                                |
|   | Rehabilitation services                      | Deductible, then 20% coinsurance               | Deductible, then 20% coinsurance               | PT limits apply. Out-of-network charges are held to a percentage of Medicare               |
|   | Habilitation services                        | Deductible, then 20% coinsurance               | Deductible, then 20% coinsurance               | Out-of-network charges are held to a percentage of Medicare                                |
|   | Skilled nursing care                         | Deductible, then 20% coinsurance               | Deductible, then 20% coinsurance               | Out-of-network charges are held to a percentage of Medicare                                |
|   | Durable medical equipment                    | Deductible, then 20% coinsurance               | Deductible, then 20% coinsurance               | Out-of-network charges are held to a percentage of Medicare                                |
|   | Hospice service                              | Deductible, then 20% coinsurance               | Deductible, then 20% coinsurance               | Out-of-network charges are held to a percentage of Medicare                                |
| <b>If your child needs dental or eye care</b>                                 | Eye exam                                     | Not covered                                    | Not covered                                    |  |
|   | Glasses                                      | Not covered                                    | Not covered                                    |  |
|   | Dental check-up                              | Not covered                                    | Not covered                                    |  |

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## Excluded Services & Other Covered Services:

### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult)
- Dental care (Child)
- Glasses
- Hearing Aids
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Routine eye care (Adult)
- Routine eye care (Child)
- TMJ
- Weight loss programs

### Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Bariatric Services (limitations apply)
- Chiropractic care (limitations apply)
- Routine foot care (limitations apply)
- Private-duty nursing (limitations apply)

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## Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply. For more information on your rights to continue coverage, contact the plan at 1-800-521-1711. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact the plan at 1-800-521-1711. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

## Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

## Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-521-1711.

## Preventative Services:

To find a list of covered preventative services please go to the following website: <https://www.healthcare.gov/what-are-my-preventive-care-benefits/>

## Exchange Information:

To review your options with the Exchange please visit [www.healthcare.gov](http://www.healthcare.gov).

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

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## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



**This is not a cost estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$5,520
- Patient pays \$2,020

#### Sample care costs:

|                            |                |
|----------------------------|----------------|
| Hospital charges (mother)  | \$2,700        |
| Routine obstetric care     | \$2,100        |
| Hospital charges (baby)    | \$900          |
| Anesthesia                 | \$900          |
| Laboratory tests           | \$500          |
| Prescriptions              | \$200          |
| Radiology                  | \$200          |
| Vaccines, other preventive | \$40           |
| <b>Total</b>               | <b>\$7,540</b> |

#### Patient pays:

|                      |                |
|----------------------|----------------|
| Deductibles          | \$500          |
| Copays               | \$20           |
| Coinsurance          | \$1,350        |
| Limits or exclusions | \$150          |
| <b>Total</b>         | <b>\$2,020</b> |

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$4,010
- Patient pays \$1,390

#### Sample care costs:

|                                |                |
|--------------------------------|----------------|
| Prescriptions                  | \$2,900        |
| Medical Equipment and Supplies | \$1,300        |
| Office Visits and Procedures   | \$700          |
| Education                      | \$300          |
| Laboratory tests               | \$100          |
| Vaccines, other preventive     | \$100          |
| <b>Total</b>                   | <b>\$5,400</b> |

#### Patient pays:

|                      |                |
|----------------------|----------------|
| Deductibles          | \$500          |
| Copays               | \$780          |
| Coinsurance          | \$30           |
| Limits or exclusions | \$80           |
| <b>Total</b>         | <b>\$1,390</b> |

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## Questions and answers about the Coverage Examples:

### What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

### Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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