

Advantage Health Plans Trust Choice 3000

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage Period: 01/01/2018 – 12/31/2018

Coverage for: Individual, Individual + Family| Plan Type: Indemnity



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.advantagehealthplans.com or by calling 1-800-521-1711.

Important Questions	Answers	Why this Matters:
What is the overall <u>deductible</u> ?	\$3,000 individual/ \$6,000 family (2 individual must be met). There is no separate deductible for out-of-network.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	Yes. \$200 for emergency room coverage. \$300 for surgical procedures. There are no other specific <u>deductibles</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this plan begins to pay for these services.
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes. \$7,350 individual / \$14,700 family (2 individual must be met). There is no separate out of pocket for out-of-network.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges, copayments, penalties for failure to obtain preauthorization, amounts in excess of the Reference Based Price for out-of-network, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes <i>specific</i> coverage limits, such as limits on the number of office visits.
Does this plan use a <u>network of providers</u> ?	NO. This plan reimburses providers based on a percentage of Medicare. A physician will be reimbursed 120% of Medicare. A facility will be reimbursed 150% of Medicare.	This plan treats providers the same in determining payment for the same services.
Do I need a referral to see a <u>specialist</u> ?	No. You don't need a referral to see a <u>specialist</u> .	You can see the <u>specialist</u> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> .



- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the allowed amount for the service. For example, if

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the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.

- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use **In-network providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$35/visit	\$35/visit	All charges are held to a percentage of Medicare.
	Specialist visit	\$35/visit	\$35/visit	All charges are held to a percentage of Medicare.
	Other practitioner office visit	\$35/visit	\$35/visit	Chiropractic is limited to 26 visits per year up to \$75 a visit.
	Preventive care/screening/immunization	No charge	\$35/visit	All charges are held to a percentage of Medicare.
If you have a test	Diagnostic test (x-ray, blood work)	Lab - 30% coinsurance; X-ray – Deductible, then 30% coinsurance. LabCard = No Charge	Lab - 30% coinsurance; X-ray – Deductible, then 30% coinsurance	All charges are held to a percentage of Medicare.
	Imaging (CT/PET scans, MRIs)	Deductible, then 30% coinsurance; OneCall or KPPFREE = No Charge	Deductible, then 30% coinsurance	All charges are held to a percentage of Medicare.

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If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.advantagehealthplans.com	Generic drugs	\$15/prescription (34 days) \$30/prescription (102 days)	Not Covered <u>(Walgreens is out of network)</u>	Select OTC = No Charge
	Preferred brand drugs	\$55/prescription (34 days) \$110/prescription (102 days)	Not Covered <u>(Walgreens is out of network)</u>	You will pay the co-pay, PLUS the difference in cost between the generic and the brand name drug if generic is available.
	Non-preferred brand drugs	50% drug cost	Not Covered <u>(Walgreens is out of network)</u>	List of Therapeutic Alternatives available on our website.
	Specialty drugs	\$150/prescription (approved specialty vendor only)	Not Covered <u>(Walgreens is out of network)</u>	Script Care Specialty Pharmacy at 1-866-443-1991.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$300/visit, Deductible, then 30% coinsurance; KPPFREE = No Charge	\$300/visit, Deductible, then 30% coinsurance	All charges are held to a percentage of Medicare.
	Physician/surgeon fees	Deductible, then 30% coinsurance; KPPFREE = No Charge	Deductible, then 30% coinsurance	All charges are held to a percentage of Medicare.
If you need immediate medical attention	Emergency room services	\$200/visit, Deductible, then 30% coinsurance	\$200/visit, Deductible, then 30% coinsurance	Penalty is waived if admitted as an inpatient, accident, or life threatening. All charges are held to a percentage of Medicare.
	Emergency medical transportation	Deductible, then 30% coinsurance	Deductible, then 30% coinsurance	All charges are held to a percentage of Medicare.
	Urgent care	\$35/visit	\$35/visit	All charges are held to a percentage of Medicare.
If you have a hospital stay	Facility fee (e.g., hospital room)	\$300/visit (if surgery), Deductible, then 30% coinsurance; KPPFREE = No Charge	\$300/visit (if surgery), Deductible, then 30% coinsurance	Pre-authorization is required. All charges are held to a percentage of Medicare.

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	Physician/surgeon fee	Deductible, then 20% coinsurance; KPPFREE = No Charge	Deductible, then 20% coinsurance	All charges are held to a percentage of Medicare.
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	\$35/visit or Deductible, then 30% coinsurance	\$35/visit or Deductible, then 30% coinsurance	Pre-authorization is required. All charges are held to a percentage of Medicare.
	Mental/Behavioral health inpatient services	Deductible, then 30% coinsurance	Deductible, then 30% coinsurance	All charges are held to a percentage of Medicare.
	Substance use disorder outpatient services	\$35/visit or Deductible, then 30% coinsurance	\$35/visit or Deductible, then 30% coinsurance	Pre-authorization is required. All charges are held to a percentage of Medicare.
	Substance use disorder inpatient services	Deductible, then 30% coinsurance	Deductible, then 30% coinsurance	All charges are held to a percentage of Medicare.
If you are pregnant	Prenatal and postnatal care	Deductible, then 30% coinsurance	Deductible, then 30% coinsurance	Pre-authorization is required. All charges are held to a percentage of Medicare.
	Delivery and all inpatient services	\$300/visit, Deductible, then 30% coinsurance	\$300/visit, Deductible, then 30% coinsurance	All charges are held to a percentage of Medicare.

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If you need help recovering or have other special health needs	Home health care	Deductible, then 30% coinsurance	Deductible, then 30% coinsurance	All charges are held to a percentage of Medicare.
	Rehabilitation services	Deductible, then 30% coinsurance	Deductible, then 30% coinsurance	PT limits apply. All charges are held to a percentage of Medicare.
	Habilitation services	Deductible, then 30% coinsurance	Deductible, then 30% coinsurance	All charges are held to a percentage of Medicare.
	Skilled nursing care	Deductible, then 30% coinsurance	Deductible, then 30% coinsurance	All charges are held to a percentage of Medicare.
	Durable medical equipment	Deductible, then 30% coinsurance	Deductible, then 30% coinsurance	All charges are held to a percentage of Medicare.
	Hospice service	Deductible, then 30% coinsurance	Deductible, then 30% coinsurance	All charges are held to a percentage of Medicare.
If your child needs dental or eye care	Eye exam	Not covered	Not covered	
	Glasses	Not covered	Not covered	
	Dental check-up	Not covered	Not covered	

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other <u>excluded services</u> .)		
<ul style="list-style-type: none"> Acupuncture Cosmetic surgery Dental care Glasses 	<ul style="list-style-type: none"> Hearing Aids Infertility treatment Long-term care Non-emergency care when traveling outside the U.S. 	<ul style="list-style-type: none"> Routine eye care TMJ Weight loss programs
Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)		
<ul style="list-style-type: none"> Bariatric Services (limitations apply) Chiropractic care (limitations apply) 	<ul style="list-style-type: none"> Routine foot care (limitations apply) 	<ul style="list-style-type: none"> Private-duty nursing (limitations apply)

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Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply. For more information on your rights to continue coverage, contact the plan at 1-800-521-1711. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact the plan at 1-800-521-1711. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-521-1711.

Preventative Services:

To find a list of covered preventative services please go to the following website: <https://www.healthcare.gov/what-are-my-preventive-care-benefits/>

Exchange Information:

To review your options with the Exchange please visit www.healthcare.gov.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

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About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$3,090
- Patient pays \$4,450

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$2,000
Copays	\$20
Coinsurance	\$1,580
Limits or exclusions	\$150
Total	\$3,750

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,230
- Patient pays \$2,170

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$2,000
Copays	\$850
Coinsurance	\$10
Limits or exclusions	\$80
Total	\$2,940

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Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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